

Rockhurst University  
Campus Ministry Retreats

# Frosh Get-A-Way

*Listen to what students have said about this retreat:*

“In coming on the retreat, I hoped to connect with God through the activities we participated in. I also wanted to meet new people who shared similar values with me. I believe these expectations were met, because I feel that I am leaving with many strong friendships.”

“I actually did not want to come at first but, in the end, it was amazing and much better than I expected!”

“I was struck by the speakers’ experiences with college: what they did, who they were and how they handled it.”

“I think the best aspect of this retreat was meeting a new crowd of people. I loved bonding with everyone, and I think I am taking great relationships with me.”

“I was expecting to feel really awkward and not really know anyone. But, I had a lot of fun and met a lot of people that are really cool. The retreat wasn’t at all what I expected, but better!”

“The talks really all had something to do me and what I am going through.”

“I had such a great time. I feel like I can survive college and make it. I feel like I have made friends, gotten my relationship with God going again, and just feel good about stuff.”

“I valued the chance to meet new people and hear the experiences of sophomore students. Knowing that I’m not alone in my feelings and fears is really reassuring.”