

## 2008 – 2009 Rockettes Dance Team Audition Packet



### **Dance Team Try Outs Procedure:**

Dates Fall 2008 – **Sunday August 24<sup>th</sup> 2-4pm (Convocation Center)**

**Monday August 25<sup>th</sup> 6-8pm (Convocation Center)**

**Tuesday August 26<sup>th</sup> 6-8pm (Convocation Center)**

2008 – 2009 Rockettes Dance Team try-outs will occur over 3 days in the fall semester. Candidates for the team will be required to learn a routine, practice leaps, kicks, and turns in order to be evaluated.

- If you are unable to attend, a videotape with all the required skills and one minute routine will also be accepted. Please contact Katie Bennett at [Katie.Bennett@rockhurst.edu](mailto:Katie.Bennett@rockhurst.edu) for further information

### **What to wear:**

Please wear the appropriate dance attire including; tights, leotard, jazz shoes or paws. No t-shirts, socks, baggy pants, or jewelry are allowed. Please also pull hair back out of face and into ponytail. No gum chewing.

### **2008-2009 Rockettes Skills for try-outs:**

- Triple/ Quad pirouettes
- Fouette turns
- Open second fouette turns
- Axel
- Disc
- Switch and Switch center leap
- Right, left, and center splits

#### **Dance Team try-Outs Checklist**

- I have contacted the coach/ Captain about auditioning
- I have checked over the dates for try-outs to confirm

#### **To bring with you:**

- Member information sheet
- A printed Fall 2008 Class Schedule
- A signed Dance Team Constitution
- Dance Team required skills

Any Questions? Please contact:

Katie Bennett (Coach) at [Katie.Bennett@rockhurst.edu](mailto:Katie.Bennett@rockhurst.edu)  
Erin MacFarlane (Coach) at [MacfarlaneE@rockhurst.edu](mailto:MacfarlaneE@rockhurst.edu)

Kim Cocos (Captain) at [cocosk@rockhurst.edu](mailto:cocosk@rockhurst.edu)  
Heather Eschbach (Captain) at [EschbachH@rockhurst.edu](mailto:EschbachH@rockhurst.edu)

**Please complete the following packet and bring to the first day of try-outs:**

**Rockhurst University**

**2008-2009 Dance Team Member Information**

(This is for the coach's use, and will not be distributed to anyone)

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

School Address (PO BOX and Room #) \_\_\_\_\_

Cell Phone # \_\_\_\_\_

Major \_\_\_\_\_ Graduation Year \_\_\_\_\_ GPA \_\_\_\_\_

Previous Dance  
Experience \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Best Jump/ Leap: \_\_\_\_\_

Why are you interested in dancing at  
Rockhurst?: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Will you be able to attend camp in Summer 2009? : \_\_\_\_\_

Height: \_\_\_\_\_ Shoe Size \_\_\_\_\_ Top/T-shirt Size \_\_\_\_\_

- **Please attach a class schedule for Fall 2008**
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## **Rockhurst University Dance Team Constitution**

(Please read over and sign. All members are required to sign Constitution)

### **I. Purpose**

- a. To represent the dance team, school, and community in an exemplary manner, serving as role models for appropriate behavior and citizenship.
- b. To work as a team in achieving common goals.
- c. To develop good sportsmanship, self-confidence, and self-discipline through practice and performance.

### **II. Eligibility Requirements**

- a. A candidate must be in good academic standing.
- b. A candidate must participate in an audition clinic.
- c. A candidate must be able to physically maintain a level of athleticism conducive to a collegiate varsity dance team.

### **III. Membership**

- a. The dance team will consist of selected dance members. This will be determined at the time of auditions by the Coach, Captains, Staff/Faculty, and other judges.
- b. Dance team members will perform at games, competitions, and other community functions, unless specified by the coach.

### **IV. Attendance Requirements**

- a. ALL PRACTICES ARE MANDATORY. The practice schedule will be determined at the beginning of each quarter. The Coach reserves the right to call extra practices as often as needed.
- b. All performances are mandatory. This includes, but is not limited to games, competitions, features, parades, and other community functions. If a team member is suspended from any performances, the member is still required to attend the function with the team.
- c. All members are required to attend and assist in fundraising activities.
- d. If the Coach chooses any other activities or opportunities, the Coach shall determine if the event is mandatory or optional.

### **V. Handling Tardiness and Absences**

- a. Tardy members must make up their time by running laps, doing jumping jacks, or sit-ups.
- b. After the accumulation of 4 tardies, the member will be suspended from the next performance.

#### Excused Absences

- a. Only illness, family emergencies, or other serious situations are excused.
- b. Work is not an excused absence

#### Unexcused Absences

- a. 1st absence: a warning is given and time must be made up (See "a" under Tardiness)

- b. 2nd absence: Suspension from next performance.
- c. 3rd absence: Suspension from next two performances
- d. 4th absence: broken contract resulting in dismissal from the dance team.

**VI. Financial Responsibilities**

Fundraising helps dance team members raise money for traveling, camp, uniform, warm up suits, and any other team related expenses. Dance team members may be required to pay for a portion of these expenses. Amounts will be determined depending upon the amount of money raised by fundraising activities. Fundraising for equipment and travel is mandatory.

**VII. Dance Team Rules**

- a. Arrive at all practices, games and events on time in proper attire and with all supplies needed, no t-shirts or baggy pants
- b. Maintain a positive attitude at all times and give 110% at every game and practice
- c. Be respectful toward the Coach, Captains, and fellow team members at all times.
- d. Accept constructive criticism.
- e. Follow directions the first time they are given.
- f. Conduct yourself in a manner becoming to a Rockettes Dance Team member at all times.

**VIII. Consequences for Rule Infractions**

Performance Suspension – Any team member benched from a performance will be required to attend performance and sit in designated area.

- a. Unexcused absences
- b. Excessive absences or tardiness
- c. Failure to cooperate with the Coach, Captains/Officers, or other team members
- d. Failure to abide by team rules and regulations
- e. Suspension from school
- f. Failure to complete assigned duties

Dismissal

- a. Accumulation of disciplinary problems
- b. 4 unexcused absences
- c. Conduct unbecoming of a Rockettes team member which reflects negatively on the reputation of the school and team including insubordination toward the coach
- d. Any illegal activity

This Constitution is meant to be a basic operating instrument and is not intended to cover every operating or disciplinary policy. It should be followed in conjunction with the Rockhurst University Athletic Code of Conduct. All Rockettes members must agree and sign this Constitution.

I have read through and agree to abide by all the rules, regulations, and expectations of the Rockhurst University Rockettes as set forth in this constitution.

Print Name \_\_\_\_\_

Signature of Rockettes Member \_\_\_\_\_ Date \_\_\_\_\_