

Internship Search

Psychology

Rockhurst University Career Services • Massman 3
816-501-4061 • www.rockhurst.edu/career

Psychology majors are often planning to work in helping professions, research/academia, or business (management, marketing, human resources). Internships and other forms of practical experience are available in private companies, non-profits, and government.

GETTING STARTED

- **RESUME!** Creating your resume is the first step of any internship search. Come to Career Services for examples, advice, and resume review.
- Brainstorm – what would you like to do, for what kind of organization?

INTERNSHIP POSTINGS

Many internship opportunities can be found online:

- **The RU Career Account:** <http://rockhurst.erecruiting.com>
This account must be set up by Career Services. It gives access to internship postings sent directly to Rockhurst from employers. Sign up for an account at weekly workshops on Tuesdays at 3:30 pm, Wednesdays at 10:00 am, and Thursdays at 1:00 pm in Career Services.
- **Nonprofit Connect:** www.npconnect.org
Nonprofit Connect is a professional organization for non-profits in Kansas City. Their website provides internship postings from a variety of non-profit organizations.
- **Organization Websites:**
Many organizations post internships on their own websites.
- **Vault:** www.rockhurst.edu/career
Provides information about specific companies and has an internship database. This database is a good resource if you are seeking opportunities outside of Kansas City, especially in major metropolitan areas.

EXPERIENTIAL OPPORTUNITIES

Due to required licensure and privacy regulations internships are not readily available in the direct practice areas of psychology. However, finding opportunities to work part-time or job shadow in these areas will provide good background experience for future applications to full-time positions or graduate school. If your goal is to practice psychology or social work try to find opportunities to work with populations that interest you: youth, geriatric, criminal, special needs, etc.

RESEARCH OPPORTUNITIES

The best way to get research experience is to start with your professors – are there projects you can assist with? If research opportunities are not currently available at Rockhurst look to other local colleges and universities. Contact universities that are conducting relevant research and see if you can volunteer assistance. Many universities have summer research programs for undergraduates. Begin researching these programs through the American Psychological Association: <http://www.apa.org/science/undergradopps.html>

TIMELINE

- Create your resume
- Begin to research companies and programs
- Begin applications
- Take resumes and cover letters to Career Services for review
- Practice interviewing with a mock interview in Career Services
- Interview and accept position

KANSAS CITY ORGANIZATIONS

Resources for researching organizations in Kansas City:

- The Kansas City Business Journal Book of Lists, in the Career Services Office
- Vault.com – accessed through the Career Services website: www.rockhurst.edu/career
- Chambers of Commerce
- Phone Books/Google search
- U.S. Department of Labor Employer Locator: www.acinet.org/employerlocator
- Network with professors, classmates, friends and family

Examples of organizations:

- Hope House: www.hopehouse-ejc.org
- Marillac: www.marillac.org
- Metropolitan Organization to Counteract Sexual Assault: <http://www.mocsa.org/>
- National Rural Health Association: www.ruralhealthweb.org
- Rose Brooks Center: www.rosebrooks.org
- Wyandot Center: www.wmhci.org

SEARCHING IN OTHER CITIES

Use the same resources; simply focus them on other cities. Additionally, many Jesuit universities offer reciprocal career services. Contact RU Career Services to find out if you can receive services from another Jesuit university in the city you want to search in.